營養科學學士學位學程課程地圖(115學年度入學適用)
Undergraduate Program of Nutrition Science Course Map (For Students Enrolled in 2026)

	一上	一下	二上	二下	三上	三下	四上	四下
必修課程 Required Courses	人體生理學 Human Physiology 3	營養學(一) Nutritional Science (I) 2	營養學(二) Nutritional Science (II) 2	膳食計畫 Meal Planning 2	營養評估 Nutritional Assessment 2	營養專題討論(一) Seminar on Nutrition (I) 2	社區營養學 Community Nutrition 3	
	食物學 Foods 3	有機化學 Organic Chemistry 3	營養學實驗 Nutrition Laboratory 1	膳食計畫實驗 Meal Planning Laboratory 1	膳食療養(一) Therapeutic Nutrition (I) 3	膳食療養(二) Therapeutic Nutrition (II) 3	臨床營養 Clinical Nutrition 2	
	食物學實驗 Foods Laboratory 1	有機化學實驗 Organic Chemistry Laboratory 1	生物化學 Biochemistry 3	生命期營養 Nutrition or Life Cycles 3	膳食療養實驗(一) Therapeutic Nutrition Laboratory (I) 1	膳食療養實驗(二) Therapeutic Nutrition Laboratory (II) 1		
			生物化學實驗 Biochemistry Laboratory 2	食品衛生與安全 Food Sanitation and Safety 3	團體膳食管理 Quantity Food Preparation and Management 2			
					團體膳食管理實驗 Quantity Food Preparation and Management Laboratory 1			
選修課程 Elective Courses	普通化學 General Chemistry 3	分析化學 Analytic Chemistry 3	食品微生物 Food Microbiology 2	營養生化(一) Nutritional Biochemistry(I) 3	營養生化(二) Nutritional Biochemistry(II) 3	食品化學 Food Chemistry 3	營養專題討論(二)(英) Seminar on Nutrition (II) (E)2	臨床營養實習 Practical Training in Clinical Nutrition 3
	普通化學實驗 General Chemistry (I) 1	分析化學實驗 Analytic Chemistry Experiments 1	食品微生物實驗 Food Microbiology Laboratory 1	基礎營養實習 Basic practice in nutrition 1	營養教育 Nutrition Education 2	保健食品概論 Fundamentals of Functional Foods 2	營養與免疫(英) Nutrition and Immunology(E) 3	社區營養實習 Practical Training in Community Nutrition 1
	食物製備原理 Principles of Food Preparation 1	烘焙原理與實習 Foundation and Practice of Baking 3	食品分析與檢驗 Food Analysis and Inspection 2	食品加工 Food Processing 2	礦物質營養 Minerals Nutrition 3		進階統計資料分析(英) Advanced Statistical Data Analysis (E) 3	膳食管理實習 Practical Training in Food Service Management 2
	食物製備實驗 Food Preparation Laboratory 1		食品分析與檢驗實驗 Food Analysis and Inspection Laboratory 1	食品加工實驗 Food Processing Laboratory 1			老人營養研究(英) Nutrition for the Elderly(E)3	分子營養學(英) Molecular Nutrition(E) 2
	普通生物學 General Biology 3		病理生理學(英) Pathophysiology(E) 3	生物統計學 Biostatistics 2			運動營養研究(英) Studies in Exercise Nutrition (E) 3	營養與癌症 Nutrition and Cancer 3
	人體生理學實驗 Human Physiology Laboratory 1						營養咨商 Nutrition Counseling 3	

畢業後出路 Prospects After Graduation

以下出路皆須具備 Must be Completed Before Graduation

- 營養師 Nutritionist
  - 膳食營養專業取向 Dietary Nutrition Specialist
  - 臨床營養專業取向 Clinical Nutrition Specialist
  - 社區營養專業取向 Community Nutrition Specialist
- 研究人員 Food Scientist
  - 營養保健與食品生技專業取向 Health Care Nutrition and Biotechnology Specialist
  - 生技與保健學分學程 Biotechnology and Health Care Program

建議修課模組 Recommended Courses Module

- 必修 Required Courses
- 基礎選修 Basic Elective Courses